

NEW! INSTANT VANILLA SHAKE

- ✓ **Amazing Taste!**
- ✓ **Easy to Use and Good for You!**
- ✓ **Great for Breakfast or Between Meals**
- ✓ **Glucose Management and Weight Control**
- ✓ **Instantly Mixes with Cold Water**
- ✓ **Sugar Free with All-Natural Sweeteners**
- ✓ **Lactose and Gluten Free**
- ✓ **Digestive Enzyme and Probiotic Blend**

INGREDIENTS: LOW GLYCEMIC PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), ORGANIC BROWN RICE POWDER, FIBERSOURCE PLUS™ (FIBERSOL2®, GLUCOMANNAN FIBER, CARAGEENAN FIBER, ACACIA FIBER, CHICORY ROOT FIBER, GUAR GUM FIBER), HIGH-OLEIC SUNFLOWER OIL, CONJUGATED LINOLEIC ACID (CLA), VITAMIN AND MINERAL BLEND, STEVIA, LO HAN EXTRACT, XYLITOL, DIGESTIVE ENZYME BLEND (AMYLASE, CELLULASE, LIPASE, PROTEASE) PROBIOTIC BLEND (ACIDOPHILUS & BIFIDUS), OMEGA 3 FATTY ACIDS (EFA'S), NATURAL FLAVORS, CITRUS BIOFLAVONOIDS, TRACE MINERALS.

Directions: Mix 2 level scoops in 8–10 oz of cold water (recommended) or milk. For best results shake for 30 seconds. Use up to 3 times a day for healthy glucose management.

Important Notice: It is recommended that anyone involved in any weight-loss or weight-control program should consult their physician.

Note: Contains Milk.

Keep in a cool, dry place. Keep out of the reach of small children.

These statements have not been evaluated by the FDA. This product is not intended to treat, prevent or cure any disease. If you are pregnant or nursing consult a health care professional before use.

Contents filled by weight not volume.



GLYCEMIC MRP™
INSTANT
VANILLA
SHAKE



Glucose Management • Weight Control

15 SERVINGS

22.75 OZ.
(645 G.)

SUPPLEMENT FACTS

Serving Size: 2 level scoops (43 grams) Servings per container: 15

Amount per Serving

Calories 177 **Calories from fat** 27 **% Daily Value***

Total Fat 3g	5%	Total Carbohydrates 10g	3%
Saturated Fat 1g	5%	Dietary Fiber 5g	20%
Mono-Unsaturated Fat 2g	6%	Soluble Fiber 5g	**
Trans Fat 0g	0%	Impact Carbs 5g	**
Cholesterol 46 mg	15%	Sugar 0g	
Sodium 168 mg	7%	Protein 20g	40%

Vitamin A 5000iu	100%	Biotin 60mcg	20%
Vitamin B1 1.8mg	120%	Calcium Citrate 300mg	30%
Vitamin B2 2.0mg	118%	Chromium 40mcg	33%
Vitamin B5 10mg	100%	Folic Acid 300mcg	75%
Vitamin B6 2mg	100%	Iron 1mg	6%
Vitamin B12 7mcg	117%	Magnesium 250mg	63%
Vitamin C 300mg	500%	Niacinamide 20mg	100%
Vitamin D 150iu	38%	Potassium 250mg	7%
D-Alpha Vitamin E 35iu	117%	Vitamin K 105mg	131%
Phosphorus 325 mcg	<1%	Xylitol 400mg	†
Probiotic Blend (8 Bill. units)	30mg †	Digestive Enzyme Blend	100 mg †

Alanine 1.51g	†	Lysine 2.69g	†
Arginine 0.75g	†	Methionine 0.63g	†
Aspartic Acid 3.26g	†	Phenylalanine 0.97g	†
Cystine 0.77g	†	Proline 1.76g	†
Glutamic Acid 5g	†	Serine 1.49g	†
Glycine 0.55g	†	Theronine 1.98g	†
Histidine 0.59g	†	Tryptophan 0.47g	†
Isoleucine (BCAA) 1.64g	†	Tyrosine 0.91g	†
Leucine (BCAA) 3.12g	†	Valine (BCAA) 1.64g	†

*Percent Daily Values based on a 2,000 calorie diet. †Daily Value not established

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